

Overeaters Anonymous Mid-Peninsula Intergroup #02-09294

PO Box 1412, San Mateo, Ca 94401 (877-582-2998)

Minutes – September 1, 2018

Opening: Serenity Prayer Readings: 12 Steps read by: Joan & 12 Traditions by: Wendy.

In the interest of saving time it is requested that all members raise their hand and wait to be recognized by the chair before speaking.

Members present: 13; Pass sign-in attendance sheet

Excused: Kathy, Betsy G.

Minutes of IG Meeting of August were emailed & reviewed and were ____ Approved or **X** Approved with the following corrections: **Amount of money sent for the health fair in Belmont next year is \$322.**

Monthly Reports/ Introductions

Individual meeting representatives introduction & meeting reports regarding new meetings, changes, concerns, etc.

- Monday night, Redwood City meeting is meeting on Labor Day
- Monday Palo Alto 11:00 meeting open on Labor Day
- Monday Menlo Church 12:00 meeting open on Labor Day

Welcome Reps: Take notes on the agenda form. Read your report at your meetings. You are the liaison between meetings and IG. summarize the important points, please say something about the IG meeting each week at your meeting, and if you're here today and the Rep is not, please take the information back to your meeting for them.

Standing Committee Reports:

Chair (Kathy M.): Excused; Shari is acting Chair for this month's meeting.

Vice Chair: Open - Will fill in October.

Treasurer (Terri S.):

- \$847.82 deposited this month
- Paid final reimbursement for Convention scholarship: \$579.47; this member went over the granted scholarship amount by about \$30-\$50, and didn't want to deposit the check until she got the okay for going over her allotted scholarship (2 nights 294. 130. For registration, dinner and some meals
- \$1231 was allotted for scholarships, so this is just an overage of \$30 over.
- Our options are to make a motion to increase our scholarship contribution by \$30 or have the member contribute \$30; Lynn will ask her to contribute the \$30 over if she would like, but if it's a hardship, we have made a motion to cover this amount of \$30 over the original allotted amount.
- Scholarship for 3 individuals:

	#1	#2	#3	
FOOD FRI	20	20	20	
FOOD SAT	75	75	75	
FOOD SUN	20	20	20	
MILEAGE	117	117	117	
LODGING	296	296	296	
REGISTRATION	45	45	45	
CONTRIBUTION	-206.5	-206.5	-75	
	366.5	366.5	498	1231

- We will be changing our webhosting to Weebly Cloud; The R2 Webmaster, Mary, is changing all the websites she manages over to this site because our current host, Adobe Business Catalyst is becoming defunct

- A member asked for an explanation regarding our 7th tradition contribution to WS; Terri explained that we keep our prudent reserve of 3000, and then send all else to WS and R2; 75% to WS and 25% to R2; we've decided to send this demarcation because WS needs support now; and we decided as an IG about a year ago to do this as we don't need to keep as much as we were when doing the , 30%, 10%.
- It was also suggested in discussion that we possibly want to develop a formal proposal of, what our yearly plan is financially; we've always had more money than we've needed, so because of this and because we are small, our treasurer has taken care of working this out for us and reporting on this each month.

Secretary (Michele P.):

- No report

Mail (Shari):

- Mail has been light

R2 Rep #1 (Lynn K.):

- registration for the upcoming assembly is now open; cheapest rates are until Sept. 30 in Pomona; Lynn will be registering soon;
- Lynn is writing an article for the next R2 newsletter.

R2 Rep #2 – Marian W. reported she will be registering soon also **Alternate - OPEN**

Newsletter (Preeva T.):

- Preeva created and made copies of a document that is a summary of all open IG board and committee positions that are up for election in October, for IG Reps to bring to their meetings!
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Webmaster (Michele P.):

- see notes in Treasurer's report, new business regarding our website was discussed in the treasurer's report
- Position will be up for election in October; Lynn nominated for new Webmaster

Local PI: OPEN

Telephone (Lynn K.):

- Replace in October; one call this month
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Activities (Open):

WSBC (Anne F): not present

WSBC #2 - OPEN

New/Unfinished Business:

- **Convention "Scholarships"** – Lynn to provide update. See update in Treasurer's report; also, Lynn will present a proposal between now and January regarding offering Scholarships for the convention; this was a great way to spend our extra money;
- **October Elections – Discuss and Nominate** - Positions to fill: Vice Chair, Treasurer, R2 Alternate, Webmaster, Local PI, Telephone, WSBC 2. Start thinking about what you might like to do or whom you think might be good for a position.
- We do have the clause that we may be able to waive abstinence requirements by a majority vote.
- Discussion on requirements, job responsibilities to be Treasurer discussed; Terri is willing to spend as much time as necessary to help train a new person; as filling this position is a top priority/about 1 hour commitment a month
- Webmaster is the next position to be filled: discussion as to requirements for Webmaster. Time commitment is about 1 hour/month
- Vice Chair – will serve in the absence of the Chair; time commitment is to only serve in the absence of the Chair; do not have to create anything; agenda is ready for vice-chair
- Telephone: time commitment is about an hour a month; you need an email address
- Committee positions are not as high priority: make an announcement at your meeting to consider a committee position – telephone or mail

Maggie nominated herself for mail person; Lynn nominated for Webmaster

- Meeting adjourned
- **Next Day in OA?**
- **Increasing attendance at Intergroup:** Suggestions to get more groups involved?

- **Health Fairs** – We need to continue looking for these.
- Any other business?

Next month agenda items:

- **Suggestion for Building a Mobile App** – Following up on this? Michele and Donna were going to reach out to our R2 Webmaster, Mary, to ask if R2 would let us do this and if it is possible. Or expand our current website?
- **Future Conventions - Lynn** would like to discuss scholarships for upcoming conventions.
- November Agenda: scholarship for Convention in Pomona?

Closing: Please join me in saying Our Responsibility Pledge: Always to extend the hand and heart of OA to all who share my compulsion; for this, I am responsible.

After a moment of silence for those still suffering compulsive overeaters, please join me in the: The OA Promise, “I Put My Hand In Yours”