

**Overeaters Anonymous Mid-Peninsula Intergroup #02-09294**

**PO Box 1412, San Mateo, Ca 94401 (877-582-2998)**

**Meeting Minutes – March 3, 2018**

**Opening:** Serenity Prayer Readings: 12 Steps read by: Lynn & 12 Traditions by: Marian.

In the interest of saving time it is requested that all members raise their hand and wait to be recognized by the chair before speaking.

# Members present: 10 Pass sign-in attendance sheet

Excused: Preeva, Morrie, Laila

Minutes of IG Meeting of February were emailed & reviewed and were \_\_\_X\_\_\_ Approved or \_\_\_ Approved with the following corrections:

**Monthly Reports**

Individual meeting reps introduction & meeting reports regarding new meetings, changes, concerns, etc.:

Welcome Reps: Take notes on the agenda form. Read your report at your meetings. You are the liaison between meetings and IG.

**Standing Committee Reports:**

Chair (Kathy M.):

- No report

Vice Chair: (Laila M.):

- Excused

Treasurer (Terri S.):

- No deposits for February.
- Last expense - \$48.92 for printing the Recovery Connection
- After members are reimbursed for travel to the R2 Assembly, and 2 scholarships are given out, Terri will make a contribution to R2 and WS.

Secretary (Michele P.):

- No report

Mail (Julie A.):

- Julie is moving, someone new has to take the Mail position; It requires mail to be picked up and given to Terri 1-2x/month; Marian will take the mail position, thanks Marian!

R2 Rep #1 (Lynn K.):

**R2 Rep #2 – Open Alternate - OPEN** (Spring Assembly is April 13 & 14)

- Lynn is on the By-Laws committee, which had a conference call the first Saturday of February; the committee worked on the P & P of the By-Laws – looking for inconsistencies, and cleaning up the language. For example, the words must, will, shall are used in different parts of the P & P; Only if something says “must” does it mean that by law it is definitely required.
- Lynn announced the Convention is coming up, last weekend in June
- Marian is going as a guest to the R2 Assembly with Lynn to observe

Newsletter (Preeva T.):

- Excused

Webmaster (Michele P.):

- No report, other than please let Michele know if there are any suggestions/changes you have regarding the website.

**Local PI: OPEN**

Telephone (Lynn K.):

- Lynn received one phone message, which she returned, but did not get a call back.

**Activities (Open):**

WSBC (Anne F):

**WSBC #2 – OPEN**

- No report

## New/Unfinished Business:

- **Day in OA** Jennifer, from Monday noon meeting, will Chair A Day in OA on April 21 from 10-1. See the Brochure for Topics.
  - Our goal is to have 50 people attend – please encourage participation at your meetings
  - To answer a question brought up, yes, it is a good place to bring a newcomer!
- **Convention “Scholarships”** – Complete a questionnaire form. Form available online, or from meeting reps or by contacting Lynn. Deadline March 30 with selection in early April. Lynn, Donna and Maggie will select those who will receive financial assistance.
  - Please encourage members at your meetings who might need to to apply; there have been two members interested in applying so far.
- **Suggestion for Building a Mobile App** – Following up on this? Michele and Donna were going to reach out to our R2 Webmaster, Mary, to ask if R2 would let us do this and if it is possible. Or expand our current website?
  - Donna and Michele have no new information,
  - And it was suggested by Kathy that we wait until after the WS Convention, because there will be motions discussed at WS regarding technology and apps, so we will wait to see what is passed.
- **Increasing attendance at Intergroup:** Suggestions to get more groups involved?
  - Please encourage a your meetings participation in IG, have members come!
- **Donation to 2018 convention**
  - In addition to the 2 scholarships we are going to donate a digital scale, and wireless headphones
  - We are allocating approximately \$250 for these items
  - Terri will order these items, and Lynn will help in providing Terri information on the brand of headphones to purchase, and also get Terri the name of the Convention person these items should be sent to.
- **Health Fairs** – We need to continue looking for these. Discuss monies available from OA.
  - Kathy had disseminated information via email that she received from Shari about WS offering money to IGs for doing a health fair.
  - Kathy asked that we please review this information to discuss at next month’s IG meeting.
  - Also, anyone involved in the health field, if you have feedback or suggestions, please share that with us.
- **Question regarding changing wording of AA documents used by OA.** Specifically “Keys to the Kingdom”.
  - A member came to Kathy with a question that she understood that there should be no changes to any literature. In a closing at a meeting, there were some changes made to “A Vision For You”, and Kathy was following up on the concern.
    - Discussion:
      - Anne shared that at a meeting in Mountain View, it is read in the script that according to WS mandate, please read literature as intended/printed.
      - Lynn shared that regarding the Steps and Traditions, these are used with AA’s permission, and should never be changed.
- Other business:
  - Silicon Valley retreat: April 27 – 29: Winning Abstinence
  - Newcomer question: Asked for information on the Convention:
    - Kathy shared: it’s at a very nice hotel; there are speakers, entertainment, raffles
    - It’s the only fundraiser for OA
    - Anne shared that the hotels hosting us have improved a lot in serving abstinent food: i.e. nonfat yogurt at breakfast is available now; there is also a refrigerator in your room for food.
  - Lynn updated us on the UCSF COAST Study she introduced last month; this will take place on March 13.
    - Lynn had discussed with the coordinator of the Study questions regarding anonymity, the coordinator was going to check with her IT person regarding how to record people and retain anonymity.
    - Lynn hasn’t heard back from the coordinator yet, and will reach out to reconnect.
    - Lynn hasn’t yet heard any interest from any of our members to participate in this; this is a good reminder to make your IG reports each week at your meetings, and not just necessarily just the first week, so there’s a better chance of all members hearing the information, even if they’ve missed a week.

**Next month agenda items:** None noted.