

MINUTES January 2, 2021

Overeaters Anonymous Mid-Peninsula Intergroup #02-09294

PO Box 1412, San Mateo, Ca 94401

Serenity Prayer / 12 Traditions read by: Betsy / Lynne T Monthly Concept by: Maggie S

It is requested that all members raise their hand and wait to be recognized by the Chair before speaking.

Members present: 19, Excused: 0 Tuesday Palo Alto 7:30 pm meeting Rep missing.

Minutes of December 5, 2020 IG Meeting were emailed & reviewed and were approved .

Introductions: Your name, meeting representing and/or IG position.

A special welcome to any new reps. Take notes on the agenda form. Summarize the important points and report at your meetings. You are the liaison between meetings and IG. If you go to a meeting that does not have a Rep, please provide them with this information. Please encourage them to send a rep to IG.

Standing Committee Reports:

Chair: Shari : Please make an IG report every week at your meeting. You can emphasize different points. It is not always the same people who attend your meeting every week.

ViceChairJudith: Noreport

Treasurer Janae: The report stands as submitted. The stripe link has been updated so there are more dollar amount options for donating; see more details about this in the website report. Janae will be re-filing for our non-profit status.

Secretary Terri: No report

Mail Deirdre: We received one contribution and the bank statement this month.

R2 Reps: Wendy is chair of IG Outreach Committee. They reach out to other IGS to help strengthen their meetings. They are working with one intergroup right now. #2 –Chelsea: She is the vice-chair of the young person's committee. Their focus is anti-bias / inclusivity. #3 Marga: Noreport Alternate: Sandra N. Is working on Diversity Committee.

Newsletter Debby L. –The newsletter was sent via email. It has been updated for this month and sent to IG reps. Since zoom meetings began, IG reps have received the newsletter and it has been incumbent upon reps to share with their meetings. Ginger will work on putting it on the website so that members can access on their own.

Webmaster Ginger: Ginger updated the donate functionality. A member is now able to donate in denominations of \$5, \$10, \$25 and \$50. There was a discussion around educating our members about where our money goes. It should be clear that our intergroup does donate to Region 2 and World Service after paying for travel to assemblies and other intergroup expenses. We will add some wording to explain where the money goes.

One member brought up the images on the website; the concern was around diversity. It was asked that we use images of serenity instead of photos of people. This was turning out to be a long discussion so we agreed to discuss it in the next meeting.

Local PI Vacant

IG Events/Activities: Deirdre Chairing Zoom Day/OA on January 30, 2021. From 10 am to 1 pm. The topic will be recovery during the pandemic.

Deirdre has lined up two of three planned speakers. She is hoping to find a young person for the third speaker. Meeting reps are asked to put the event's information in the chat during their meetings.

WSBC Delegates : **Judith:** The OA Conference Committee called for a special meeting for January 31, 2021 of the WSBC 2020 delegates to decide whether the 2021 conference will be held in New Mexico or virtually. Judith signed up for this meeting and plans to report back at the next IG meeting of the any further developments.

Between WSBC Judith works on the Unity With Diversity (UWD) Committee. At the last meeting they were creating the UWD Checklist, which is a resource for Intergroups and Regions. Some of the items discussed were improving the usefulness of OA meetings while keeping in mind the virtual environment: 1. The virtual environment affects how we welcome newcomers and follow-up with them. Some of the suggestions were made to send out newcomers' packages electronically and to create virtual greeters who would talk and follow-up with the new members. Another item was: Virtual environment requires the access to electronic media and the Internet. How do we reach out to members who experience the digital divide? Suggestions were made to increase calls to members who have stopped attending regular meetings. They will also be trying to have the term "God" changed to "Higher Power".

Marga: Not present. Alternate: vacant

Podcast: Ginger

Zoom Coordinator: Donna R.

New/Unfinished Business:

Closing: Please join me in saying Our Responsibility Pledge:

Always to extend the hand and heart of OA to all who share my compulsion; for this, I am responsible.
After a moment of silence for those still suffering compulsive overeaters, please join me in : The OA Promise, "I Put My Hand In Yours"