

Overeaters Anonymous Mid-Peninsula Intergroup #02-09294

PO Box 1412, San Mateo, Ca 94401

Agenda – April 3, 2021

Serenity Prayer / 12 Traditions read by: _____ Monthly Concept by: _____.

It is requested that all members raise their hand and wait to be recognized by the Chair before speaking.

Members present _____ Excused: Terri, Deirdre

Minutes of March 6, 2021 IG Meeting were emailed & reviewed and were _____ Approved or _____ Approved with the following corrections:

Introductions: Your name, meeting representing and/or IG position.

A special welcome to any new reps. Take notes on the agenda form. Summarize the important points and report at your meetings. You are the liaison between meetings and IG. If you go to a meeting that does not have a Rep, please provide them with this information. Please encourage them to send a rep to IG.

Standing Committee Reports:

Chair: Shari : Please make an IG report every week at your meeting. You can emphasize different points. It is not always the same people who attend your meeting every week.

R2 Reps: Wendy will report from R2 Assembly. Here is her written report:

The one day virtual region 2 assembly went off quite smoothly, overall.

Reg 2 "2021- New Frontiers"

Board introduced themselves and their recent 6 months of projects

Some highlights include: "Chat with the Chair"

CHAIR Lynn K is now chair and presiding over monthly board meetings: available to all via zoom the 2nd Sunday of Even #'d months (no agenda, just a time to chat/ask/suggest to our Chair

Site and committee Chair selected for 2022 Convention:



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VICE CHAIR - Maintains the Speaker application form and list (2 yr min abstinence and working knowledge of steps 1 thru 5

Part of Twelfth Step Within Committee liaison: added to R2 website a new packet "Message of Hope"

Committee Chair 12th-step-within-chair@oar2.org



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SECRETARY - Updated all minutes, procedure, policies manual

- Liaison to YP Committee support

- TREASURER - Patti: Budgets approved and 42 groups donations summary provided; reminder that Financial Aid is available treasurer@oar2.org
- acting EVENTS COORDINATOR - Lynn H, who announced R2 Virtual convention: 2021 Convention "**The Keys to Recovery**" with Convention Chair Jerry (SD), JULY 9 – 11, 2021
- PUBLICATIONS COOR Luanne B: updates to R2 home page to help newcomers navigating; add a "Add an Event" link on oar2.org; audio version of convention available for free
- TRUSTEE- Hanna: has to step down due to health issues but will be involved, working the program and available; as part of Outreach committee she is inviting all IG Chairs for a Social Network Hour

MOTIONS

Passed 4 motions that updated minor changes in language in Bylaws but help with clarity and continuity

WEBSITE Update

adding a Translation link for entire website (several languages)

COMMITTEE Reports

- **Public Information (PI) committee**
- invites all to their meetings: open to all 1st Tues monthly
- the purpose of the R2 Public Information Committee is to carry the message to the compulsive overeater who still suffers by encouraging, supporting and developing public information efforts in the Region 2 Intergroups.

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Diversity Committee

to recognize and accept the many different concepts of working the OA program of recovery;

- OA R2 Diversity Community Awareness Survey
We want to hear from you!

Feeling welcome and included in Overeaters Anonymous (OA) is an important component of recovery. We are all united in the desire to stop eating compulsively (Tradition 3).

<https://www.surveymonkey.com/r/diversityr2>

The purpose of this survey is to capture individual experiences of feeling welcome or unwelcome, included or excluded within OA.

- **Young Person's Committee**
- Help formulate goals and oversee projects in the making that are geared towards young persons in our fellowship.
- **Intergroups and Service Bodies: Take Our Survey about Outreach to Young Persons by March 15**

OA world service recognizes the need to reach people at a young age so recovery can begin. OA's Public Information/Professional Outreach Committee and Young People Committee have commissioned a survey to better understand outreach efforts worldwide so we can learn from each other. Survey results will be shared with all intergroups and other service bodies to help everyone understand what works for outreach, what we could do better, and ultimately how we can best reach young people. We define young persons as anyone age 18–30.

All intergroups and other service bodies are encouraged to participate by going to www.surveymonkey.com/r/AttractYP and completing the survey by March 15, 2021

- **By Laws Committee'**
- The purpose of the Bylaws Committee is to review and initiate bylaw amendments, changes to policies and procedures, and provide recommendations for these to the R2 Assembly
- Review bylaws amendment proposals from RR's, R2 Board, World Conference and Intergroups for recommendation to R2 Assembly.
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- **Outreach Committee**
- Reach out to struggling intergroups and understand why they are struggling and let them know there are fellows who want to support them to thrive; re-engage with Region 2; and increase awareness of OA resources
- We have set up a **Social Network Hour** for IG Chairs across Reg 2 to connect and share ideas/events/questions to support our wealth of knowledge and not reinventing the wheel to keep our programs and our meetings and our Intergroups running smoothly. 25Apr2021, 5pm PST, Zoom

Wendy Jacobson

Marga will report from R2 Assembly. Her written report is attached to this email.

Treasurer : Janae will go over potential expenses for 2021.

WSBC Delegates: Judith and Marga. (Alternate Vacant) : Update on voting for Motions for WSBC.

Vice Chair Judith

Secretary Terri is out of town and Michele will substitute.

Webmaster Ginger:

Podcast: Ginger

Newsletter: Debby - see attached Recovery Connection

Mail: Deirdre

IG Events/Activities:

Zoom Coordinator: Donna R.

PI Vacant

New/Unfinished Business: May IG Meeting will report on WSBC 2021 by Delegates.

Closing: Please join me in saying Our Responsibility Pledge:

Always to extend the hand and heart of OA to all who share my compulsion; for this, I am responsible.
After a moment of silence for those still suffering compulsive overeaters, please join me in : The OA Promise, "I Put My Hand In Yours"