

MID-PENINSULA OA INTERGROUP MEETING LIST (FEBRUARY 2012)

All meetings open to all OA members and newcomers.

Day & Time	City	Focus	Location	Address	Contact
SUNDAY					
9:30 AM - 10:30 AM	Mountain View	Women, Step Study, Discussion	El Camino Hospital, Ground Floor Main Bldg., Room A & B	2500 Grant Road	Nicky 650-722-7102
7:00 PM - 8:00 PM	Redwood City	90-Day, A/A 12/12, Big Book Study	St. Peters Episcopal Church Vestry Room—thru Patio Door	178 Clinton St., Redwood City (Clinton & Brewster)	Beth 650.759.3152
7:00 PM - 8:00 PM	Palo Alto	Women and Women's Issues	Unitarian Church on San Antonio Road Room 6,	505 E. Charleston Road	Contact name coming
7:30 PM - 8:30 PM	Burlingame	Recovery From Relapse	St. Paul's Episcopal Church	405 El Camino Real @ Chapin Ave (Auditorium or Nursery)	Marga 650-270-9967
MONDAY					
11:00AM -12:00 PM	Palo Alto	Writing, Step Study	Unitarian Church, Fireside Room	505 E. Charleston Road	Michael 650.494.1136
12:00 PM - 1:00 PM	San Mateo	HOW, Step Study except last meeting of the month Speaker	St. Andrews Lutheran Church	15th & El Camino Real, back lot, upstairs	Karen 415.828.4637
7:00 PM - 7:30 PM 7:30 PM - 9:00 PM	Daly City	New Comers Speaker, Discussion, Step Study	Kaiser Medical Building 6th Fl. Meeting Room	395 Hickey Blvd. (off Hwy 280)	Anne 650.583.1543
7:30 PM - 8:30 PM	Palo Alto	Literature	Covenant Presbyterian Ch.	670 E. Meadow (Room #8)	Anne 650.283.7499
7:30 PM - 8:30 PM	Redwood City Kaiser Hospital, RWC	HOW, Discussion, Step Study, Speaker	Monday 12/12/11 thru 12/31/12, Cyprus Building, 1190 Veteran's Blvd.	Conf. Rooms 2 & 3	Joan Z. 650.364.1776
TUESDAY					
12:00-1:00pm (lunch meeting)	Palo Alto	Literature	Etz Chayim Congregation	4161 Alma Street (btwn Charleston & San Antonio)	Rick 408.891.4703
5:30 PM - 6:30 PM	San Mateo	HOW, Discussion, Speaker, Big Book, Step Study,	St. Andrews Lutheran Church	15th & El Camino Real, back lot, upstairs	Katie 650.863-6561
7:00 PM - 8:00 PM	San Mateo	Reunion en Espanol Los 12 pasos - Spanish Step Study (New)	Hope Lutheran Church Salon Fireside en el camino de entrada	600 42 nd Ave. San Mateo	Anne 650.283.7499
7:30 PM - 8:00 PM 8:00 PM - 9:00 PM	Palo Alto	New Comers Speaker, Discussion	St. Mark's Episcopal Church	600 Colorado Avenue near Middlefield (Chapel)	Donna 650.678.9442
WEDNESDAY					
10:00 AM - 11:00 AM	Palo Alto	Step Study/Speaker – alternating weeks	Unitarian Church, Fireside Room	505 E. Charleston Road	Elyse 650-740-8648
3:30 PM - 5:00 PM	Pacifica	HOW/OA, Step Study, Discussion, Traditions, Speaker every 3 rd Wed.	Pacifica Baptist Church 1st Floor, West end (Wheelchair Accessible)	2070 Francisco Blvd. @ Santa Rosa	Wendy 415.282.5234
5:30 PM - 6:30 PM	Redwood City Kaiser Hospital RWC	HOW, Discussion, Step Study	Location varies. Please call.	Location varies please call.	Sue 650-455-3475 Joan Z. 650.364.1776
THURSDAY					
5:00 PM - 6:00 PM	San Bruno	HOW, Lit, Spkr 5 th Thurs.	Saint Bruno Church	555 San Bruno Ave W	Janet 650.274.0274
7:30 PM - 8:30 PM	Burlingame	Step Study, Discussion	St. Paul's Episcopal Church (Church Hall)	405 El Camino @ Chapin Avenue	Ann P. 650-952-0990
7:30 PM - 8:30 PM	Burlingame	Alt. meeting location: 1/12, 3/15, 4/26, 5/03,	Alt. meeting location: 9/20 and 9/27, 10/04, 11/15, (all 2012)	1701 Royal Ave. San Mateo 650-343.4280	Ann P. 650-952-0990
FRIDAY					
11:00 AM-12:00 PM	Palo Alto	Literature Discussion	Unitarian Church, Fireside Room	505 E. Charleston Road	Karen S. 650-965-1704
12:00 PM - 1:00 PM	Half Moon Bay	Varies, Chip	Shorline Station	225 S. Cabrillo Hwy 2 nd floor above clock tower	Cindy 650.712.1909
12:00 PM - 1:00 PM	Daly City	HOW - Varied format: literature, tools & podcasts	Seton Medical Center, Seminar Room 2, Ground Level	1900 Sullivan	Altha 650.761.4347
5:30 PM - 6:30 PM	San Mateo	HOW, Literature, Speaker, Discussion	St. Andrews Lutheran Church	15th & El Camino Real, back lot, upstairs	Michele 650.759.4818
SATURDAY					
8:30 AM - 9:30 AM 1 st Saturday of each month	San Mateo	Monthly Intergroup Meeting (All are welcome!)	Open Door Church (Wheelchair Accessible)	4150 Picadilly Lane (West of El Camino between 42 nd and 41 st Avenues)	Contact any IG officer for further info.
8:30 AM - 9:30 AM	Mountain View	Speaker, Discussion	El Camino Hospital, Ground Floor Main Bldg, Room B	2500 Grant Road	Kristi 650.967-2415
10:00 AM - 11:15 AM (New Location!)	San Mateo	Speaker, HOW	Open Door Church (Wheelchair Accessible)	4150 Picadilly Lane (West of El Camino between 42 nd and 41 st Avenues)	Shari 650.591.5634
10:15 AM - 11:15 AM 11:15 AM-11:45 AM	Redwood City	Literature, Discussion, Speaker Newcomers Meeting	Peninsula Covenant Church For the next 8 weeks, meet in the first meeting room in the sports/community center	3560 Farm Hill Blvd. Fireside Room/Room 20	Wendy 650-722-8022
11:00 AM - 12:00 PM	Pacifica	Step Study, Wheelchair Accessible	Pacifica Baptist Church Ground Floor	2070 Francisco Blvd. Pacifica	Nancy N. 415.310.4322

Info on New meetings, Changed format, Changed location, or Changed time: Send your info to Susan at susanclancy5@gmail.com (see back page) by the second week of each month. If you are planning to attend a meeting for the first time or have not attended in a while, check with the contact person or the updated meeting info list on our web site at www.oamidpeninsula.org

OA INFORMATION

OA Contacts

Mid-Peninsula (650) 375-0724
San Francisco (415) 436-0651
NoCal (San Jose) (408) 268-7243
Oakland (510) 273-9292
Hayward (510) 733-1262
Contra Costa (925) 825-0448
Marin (415) 927-2245
Santa Cruz (831) 429-7906
Monterey (831) 372-4673
Sonoma (707) 538-9770
Napa/Vallejo (707) 552-9895
Modesto (209) 579-9310
Stockton (209) 368-5607
Sacramento (916) 325-3948
OA HOW (866) 469-6222

OA World Service

PO Box 44020
Rio Rancho, NM 87174-4020
(505) 891-2664.
www.oa.org

OA Region 2

4733 Torrance Blvd. Suite 335
Torrance, CA 90503
www.oar2.org

**Service beyond the group level
is needed – join us at our
monthly intergroup meeting.**

Mid-Peninsula Intergroup

Mailing Address: PO Box 1412, San Mateo
CA 94401 www.oamidpeninsula.org

Meetings: *All are welcome!*

The first **Saturday** of every month
8:30 - 9:30 AM at **4150 Picadilly Lane**
(West of El Camino between
42nd and 41st Avenues)

650) 375-0724



OA Live Telephone Service: Meeting and
contact number information for callers.

Intergroup Officers and Chairs

Chair	Trish	(650) 888-2480
Vice Chair	Laura F.	(201) 410-8151
Secretary	Beth	(650) 759-3152
Telephone	Katie G	(650) 863-6561
World Service	Katie G	(650) 863-6561
R2 Reps	Jaye	(650) 377-0589
	Trish	(650) 888-2480
	JoAnn	(650) 393-4053
Treasurer	Terri	(650) 245-8402
Activities	Katie H	(650) 455-5046
Mailings	Betty	(650) 773-2232
Public Info	JoAnn	(650) 393-4053
Spanish	Anne	(650) 283-7499
Newsletter	Susan C.	(650) 515-0950
Webmaster	Leslie L.	(650) 391-7759

levyaugust@gmail.com

**At the April 2011 World
Service Business Conference,
186 Delegates voted to change
the definition of abstinence to:**

***"Abstinence in OA is the
action of refraining from
compulsive eating and
compulsive food behaviors
while working towards or
maintaining a healthy body
weight"***

R2 Board Elections

Assembly October 21, 2011

Chair: Shari G., from N. Cal.
Vice Chair: Nancy J., from S. CA
Secretary: Linda M., from N. CA
Treasurer: Jerry J., San Diego

Publications
Coordinator: Michael D., N. CA

Events
Coordinator: Cher, from N. CA
Trustee: Meg H.

RECOVERY CONNECTION

Mid-Peninsula OA Intergroup Newsletter and Meeting List

February 2012

You may view or download this newsletter from our web site at: www.oamidpeninsula.org

What is Overeaters Anonymous?

Overeaters Anonymous is a fellowship of individuals who, through shared experience, strength and hope, are recovering from compulsive eating. We welcome everyone who wants to stop eating compulsively. There are no dues or fees; we are self-supporting through our own contributions. We are not a diet club. Our primary purpose is to abstain from compulsive overeating and compulsive food behaviors, and to carry this message of recovery to those who still suffer.

REGION 2 ASSEMBLY

Friday, March 30 and Saturday March 31, 2012
SFO Doubletree Hotel in Burlingame near 101 freeway exit.

WONDERFUL RETREAT!

Courage to Change the Things I Can –
OA Serenity Retreat, (sponsored by Silicon Valley Intergroup)
Villa Maria Del Mar Conference Center
Santa Cruz, CA
April 27-29, 2012

OA's Best-Selling Books: Now for e-Readers
Five of OA's best-selling books are now available in
popular e-reader and mobile-device formats. To
find these books, go to your e-reader store and
search by title.

**OA R2 CONVENTION
RECOVERY — MORE PRECIOUS THAN GOLD
SACRAMENTO 2012**

July 27-29, 2012

**Hilton Sacramento Arden West
2200 Harvard Street, Sacramento, CA 95815**

**Mid Peninsula OA
12-Step Within Committee**
Interested In Learning More?
Contact Katie G.
650-863-6561 or
katieg8776@gmail.com

See www.oa.org
For New Suggested OA
Meeting Format with
attached Tools and
“Our Invitation to You”

Can't get to a meeting? Try one of these.... VIRTUAL SPEAKERS available 24/7
www.oalaintergroup.org (Click on speakers) **ON-LINE at: www.oa.org BY**
PHONE: Download the Phone Meeting list from the OA website.

Seventh Tradition Contributions to Intergroup

Contributions should be sent monthly to the Mid-Peninsula Intergroup to: PO Box 1412, San Mateo, CA 94401. Indicate your meeting number or location, day, and time (if your meeting does not have a number, one has not yet been assigned by the WSO see new meeting package). Our treasurer will make your contribution for your 60/30/10 distribution when you indicate by writing “60/30/10” on your check distributed between Mid-Peninsula Intergroup, Region 2, and the WSO. No contribution is too small.